MYRINGOPLASTY WITH GELFOAM or FAT GRAFT
(REPAIR OF PERFORATED EARDRUM)
DISCHARGE INSTRUCTIONS
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FOLLOW UP CARE
• Ear drainage is possible and can be bloody.
• Keep water out of ears until follow up appointment. When bathing cover one side of a
cotton ball with Vaseline and place the dry side in the ear canal.
• If a follow up appointment was not made the day of surgery, please call the office to
make one

OPERATIVE SITE
• If you have an incision behind the ear, clean twice a day with hydrogen peroxide and
apply bacitracin ointment
• You may get the incision behind the ear wet the day after surgery, but continue to keep
ear canal dry

ACTIVITY
• Do not drive for 24 hours

DIET
• Resume previous diet as tolerated

MEDICATIONS
• Ear drops may be prescribed. These are NOT to be used immediately after surgery.
  Bring the drops to your follow up appointment for further instructions.
• Prescription (s) will be sent with you. Use as directed.
• See PAIN CONTROL sheet for additional instructions.
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PROBLEMS TO WATCH FOR

- Fever over 101.4
- Nausea/Vomiting
- Drainage lasting more than 5 days

Call your doctor with ANY problems that concern you: Phone # (843) 766-7103. If you need immediate attention, go to the nearest Emergency Department.

I have read, been read, and verbally repeated back instructions and understand them. A copy has been given to me.

________________________________________  _________________________________
Patient/Responsible Party                       Nurse Signature